

C.F.I.S.D. Special Olympics Volleyball

Dear Parents,

The 2023 Special Olympics volleyball season will soon begin. Please plan your schedule accordingly throughout the season. Coaches will provide more detailed practice and competition information as it becomes available. Please notice the dates before coming to practice. The fall schedules made it challenging, and we will be having a few practices on days when the students do not have school but staff does. Volleyball is a co-ed sport and we encourage you to join us! All athletes must be at least 8 years of age, currently enrolled in a C.F.I.S.D. campus and have a completed medical before participating.

Volleyball Schedule

FIRST DAY OF PRACTICE WILL BE WEDNESDAY, SEPTEMBER 20, 2023!

Practice days: Mondays and Wednesdays

Please make note there are a few days we will not be having practice!

Time: 6:30—7:30 p.m.

Dates: September 20th and 25th, 27th
October 2nd, 4th; 11th, 16th; 23rd, 25th; and 30th
(No Practice Oct. 9th or 18th!)
November 1st

Practice Location: Aragon Middle School
16823 West Rd Houston 77095

Area tournament
date and location: More information will follow

Athletic shoes with socks, t-shirt and shorts are recommended attire for volleyball players. A filled water bottle is also recommended. Appropriate attire is required for practice, keeping in mind that safety and comfort are primary. Uniforms will be handed out before our competition.

Particularly with team sports, training as a team is a priority. Only under extenuating circumstances (i.e. needing numbers to fill a team) and at the discretion of the coordinator and head coach will any new athlete be allowed to join the team later in the season. The medical form must be current, less than one year old. Only the Special Olympics Athlete Enrollment/Medical Release Form will be accepted. Physical forms may be accessed on the district website. Visit www.cfisd.net and search Special Olympics, or I have attached it to this if you are receiving an email. PLEASE BRING A COPY OF YOUR ATHLETE'S CURRENT MEDICAL FOR FIRST DAY OF PRACTICE AND KEEP A COPY FOR ADDITIONAL COPIES AS NEEDED. A COPY IS REQUIRED FOR EACH SPORT (i.e. participation in volleyball and track will require two copies—one for the volleyball coach and one for the track coach and so on.) All participants must complete the Covid-19 waiver as well as Athletes having a current Medical on file, which is now a part of the athlete medical.

Looking forward to a great season! Any further questions please email melissa.mckay@cfisd.net.